America's Best Karate **Notice of Intent to Promote (Purple)**

Name
Dear Parents and Teachers,
At America's Best Karate, it is our main objective to develop well-rounded students, not only in the studio, but in society as well. If our students do not meet the following qualifications, either at home or at school, we will withhold the promotion until satisfactory progress has been made.
Answers for the following questions can be found on our website at www.abksunnyvale.com . The answers will be under curriculum. Students can turn this form into an instructor who will orally test the student. Forms should be turned in any time before the scheduled testing date, not the day of.
Students, please complete the following:
1 is our commitment to somebody or something. It is a bond of that we develop with others.
2. Escrima originated in the
3. The power in escrima is generated from the
4. "Seek first to understand, then to be understood" means that we should spend more time and less time
Teachers, please complete the following:
This student has been receiving passing grades and is respectful at school.
Yes No If no, please explain on back Teachers Signature
Parents, please complete the following:
My child's attitude is deserving of advancement to the next belt level.
Yes No Parents Signature