

America's Best Karate **White to Yellow Belt Testing Questions**

Even though answers are provided, the students will still be tested orally on the answers, so it is important that they study and understand them.

1. Respect is to hold Someone or Something at a high level of Importance.
2. Tae Kwon Do means the way of the Hand and the Foot.
3. Tae Kwon Do comes from Korea.
4. Salutation means Mind over Body.
5. The 3 place martial arts can be performed by children are Studio, Home, and Self-Defense.