

## **America's Best Karate** **Brown-1 to Red Belt Testing Questions**

Even though answers are provided, the students will still be tested orally on the answers, so it is important that they study and understand them.

1. Integrity is to be honest with yourself, by not cheating or taking shortcuts.
2. The sai was originally used as a Seed poke.
3. Farming and fishing tools were some of the uses for peasant weaponry.
4. People typically Lie or Cheat, because the desire to win or get ahead outweighs the desire to maintain integrity.