FAQ's

When will classes resume?

Monday, June 8th

If I'm not comfortable to train at GBHQ yet, do I have attend classes at the academy?

No. Zoom classes will continue to be available.

Can I choose my training partner?

Yes! Students will be able to either train with a house hold partner or pre-set partner.

Can I train with a partner that's not a student? Ie: parents / kids

For kids classes only, parents will be able to partner with their kids during phase one.

Will more class times be added?

Yes. As we go through the opening phases of our school, more classes will be added. Eventually, we will resume regular schedule.

How do I sign up for class?

Once you have received the email from our system with your login information and have re-set your password. It will be really easy to book for classes by clicking on the following link:

https://graciebarra.perfectmind.com/5446/Employees/BookMe4?widgetId=1dddd378-12bd-4dff-8d33-f99957906520

If you did not receive an email from us with your login information, please let us know by phone (949)551-6582 or by emailing us at info@gbirvine.com

How many classes may I attend per week?

During phase one of our re-opening schedule, we kindly ask students to limit class attendance to 2 per week to give all of our students the opportunity to attend group classes. Zoom classes will be available for additional training during the week. As we go through the opening phases, more classes will be available and this will change

Am I required to wear a mask when entering the school or training?

Wearing a mask to the school will be optional.

Are we allowed to use the restroom?

Restrooms will be open for students but we do ask that restroom use is kept to a minimum. One person at a time will be allowed in the restroom.

Are we allowed to use the changing room?

During phase one changing rooms will be unavailable to avoid close contact between students. We will notify all students when we reopen them on the next phases.

Will visitors be allowed to take classes?

During phase one, visitors will not be allowed to attend classes at GB HQ.