

CHU'S MARTIAL ARTS

Starting September 4th 2018

905 886 4633

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u> BOOK BIRTHDAY PARTIES HERE!!!!
A.S.P. TAEKWONDO 4:15-5:00PM	A.S.P. TAEKWONDO 4:15-5:00PM (Sparring)	A.S.P. TAEKWONDO 4:15-5:00PM	A.S.P. TAEKWONDO 4:15-5:00PM	A.S.P. TAEKWONDO 4:15-5:00PM	9:30-12:45PM JUDO	10:00-11:00AM MA FIT
5:00-5:30PM ADV. TINY TIGERS ORANGE STRIPE AND UP	4:30-5:00PM BEG. TINY TIGERS WHITE - YELLOW	5:00-5:45PM CHILDREN TKD GREEN AND UP	5:00-5:30PM BEG. TINY TIGERS WHITE - YELLOW STRIPE	5:00-6:00PM TKD BROWN & UP (Black Belt Preparation)	11:00-11:30AM TINY TIGERS ALL BELTS	
5:45-6:30PM CHILDREN TKD GREEN BELT AND UP	5:00-5:45PM CHILDREN SPARRING ALL BELTS	6:00-6:45PM CHILDREN TKD WHITE - ORANGE	5:00-5:30PM ADV. TINY TIGERS ORANGE STRIPE AND UP	6:00-7:00PM JUNIOR H.P	11:45-12:30PM CHILDREN TKD ALL BELTS	
6:30-7:15PM CHILDREN TKD WHITE - ORANGE	6:00-7:15PM JUNIOR H.P SPARRING	6:00-7:00PM AGE 9 AND UP BRAZILLIAN JIUJITSU	5:45-6:30PM CHILDREN TKD WHITE - ORANGE	7:00-8:00PM MA FIT	12:45-1:45PM ADULTS & YOUTH TKD	
6:15-7:15PM AGE 9 AND UP BRAZILLIAN JIUJITSU	7:15-8:45PM SENIOR H.P SPARRING	7:00 - 8:00PM MA FIT	6:30-7:15PM CHILDREN TKD GREEN AND UP	8:00-9:00PM HP SENIOR		
7:30-8:30PM ADULT/YOUTH TKD	7:15-8:15PM ADULT /YOUTH SPARRING	7:30-9:30PM H..P ALL STARS & CHU'S	7:30-8:30PM ADULT/YOUTH TKD	6:00-10:00PM JUDO		
7:30-10:00PM JUDO	6:00-8:00PM MA FIT WEIGHT TRAINING		6:00-9:00PM JUDO			
	6:00-9:00PM JUDO					