

SUMMERT Schedule

www.chusmartialarts.com (905) 886-4633

Starting July 4th to Sept 4th, 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	SPARRING DAY					
5:00-5:30PM	5:00-5:45PM	5:00-5:45PM	5:00-5:30PM	5:00-6:30	9:00-10:30PM	10:00-11:00AM
TINY TIGERS	CHILDREN ALL BELTS	CHILDREN GREEN BELT & UP	TINY TIGERS	Н.Р	Н.Р	MA FIT
5:30 - 6:15PM	6:00-7:30PM	5:45-6:30PM	5:30-6:15PM	6:45-7:45PM	11:00-11:30AM	11:15-1:00PM
CHILDREN GREEN BELT & UP	Н.Р	CHILDREN WHITE-ORANGE	CHILDREN GREEN BELT & UP	MA FIT	TINY TIGERS	KUNG FU/ WING CHUN
5:30 - 6:15PM	7:30-8:30 PM	6:00-7:00PM	5:30-6:15PM	8:00-9:30PM	11:45-12:30PM	1-2:30PM
CHILDREN WHITE-ORANGE	YOUTH & ADULT TKD POOMSAE	JIUJITSU	CHILDREN WHITE-ORANGE	BOXING	CHILDREN'S ALL BELTS	BOXING
6:15-7:15PM	6-8PM	7:00-8:15PM	6:30 -7:30 PM		12:45-1:45PM	
JIUJITSU	M.A FIT WEIGHT TRAINING	НР	YOUTH & ADULT TKD ALL BELTS		YOUTH/ADULT TKD	
6:30 - 7:30		6:45-7:45PM	KUNG FU/WING CHUN			
YOUTH /ADULT TKD		M.A FIT	7:30 - 9:00PM			
KUNG FU/WING CHUN		8:00-9:30PM				
7:30 - 9:00PM		BOXING				