



Buzz Durkin's UECHI KARATE SCHOOL

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STUDY GUIDE FOR WRITTEN PORTION OF THE KYU TESTING

Please translate to English:

- Shomen Geri - **Front Kick**
- Muwashi Geri - **Roundhouse Kick**
- Shoken - **One-Knuckle Fist**
- Wa-Uke - **To Accept / Block**
- Karate - **Empty Hand**
- Bushiken - **Palm-Heel Strike**
- Nukite - **Spear-Hand Strike**
- Reiken - **Backfist**
- Mawate - **Turn**
- Kiai - **Shout of spirit**

Uechiryu Questions

- Name the first kata. - **Sanchin**
- Name the second kata. - **Kanshiwa**
- Who is the founder of Uechiryu? - **Kanbun Uechi**
- Who is Mr. Durkin's teacher? - **George Mattson**
- How many kata are there in Uechiryu? – **Eight**
- What does the word Butokukai translate to?
Gathering of people studying the virtues of the Martial arts
- What style of martial arts was Uechiryu originally known as?
Pangainoon
- What year did Mr. Durkin begin training? – **1966**
- What year did Mr. Durkin receive his black belt? – **1968**
- Name the 8 kata.
Sanchin, Kanshiwa, Kanshu, Seichin, Seisan, Seirui, Kanchin and San Sei Ru