



## W8th Studio Class Schedule

Time	Mon	Tues	Wed	Thu	Fri
9:30 AM		Adult Beg / Int		Adult Beg / Int	
3:40 PM	Lil' Ninjas (White, Yellow) 4 – 5 yrs (45 mins)				
4:15 PM	Kids Beginners (White, Yellow) 6 – 12 yrs				
5:15 PM	Kids Intermediate (Orange – Brown) 6 – 12 yrs				
6:15 PM	Kids Advance	Youth/Adult Beg / Int 13 yrs+	Kids Advance	Youth/Adult Beg / Int 13 yrs+	Kids Advance
7:15 PM	Youth/Adult Beg / Int 13 yrs+	<b>Master's Club</b>	Youth/Adult Beg / Int 13 yrs+	<b>HPST (6:30-8:30)</b>	Youth/Adult Beg / Int 13 yrs+ <b>Sparring</b>
Advance: Red, Black Stripe, Black		Master's Club: 2 <sup>nd</sup> Dan +		HPST (Supplementary & Restricted Course)	

Time	Sat	Sun
10:00 AM	Youth/Adults Beg / Int 13yrs+	
11:00 AM	Family & Kids Beginners	
11:15 AM	Lil' Ninjas (White, Yellow (45 mins)	
12:00 PM	Family & Kids Intermediate	
1:00 PM	Special Class Schedule - TBA	Demo / Poomsae Team
3:00 PM		
Poomsae Training Team (Supplementary & Restricted Course)		

Note: Schedules are subject to change. Members may need to confirm the schedule before attending class on belt testing weekend and holidays.