

W8th Studio Class Schedule

Time	Mon	Tues	Wed	Thu	Fri	Time	Sat	Sun
3:30 PM	Lil' Ninjas (White, Yellow) 4 – 5 yrs (45 mins)					10:00 AM	Youth/Adults Beg / Int 13yrs+	
4:15 PM	Kids Beginners (White, Yellow) 6 – 12 yrs					11:00 AM	Lil' Ninjas (White, Yellow (45 mins)	
5:15 PM	Kids Intermediate (Orange – Brown) 6 – 12 yrs						Family & Kids Beginners	
6:15 PM	Kids Advance	Youth/Adult Beg / Int 13 yrs+	Kids Advance	Youth/Adult Beg / Int 13 yrs+	Kids Advance	12:00 PM	Family & Kids Intermediate	
						1:00 PM		Demo / Poomsae Team
7:15 PM	Youth/Adult Beg / Int 13 yrs+	Master's Club	Youth/Adult Beg / Int 13 yrs+	HPST (6:30-8:30)	Youth/Adult Beg / Int 13 yrs+ Sparring	3:00 PM	HPST	
Advance: Red, Black Stripe, Black		Master's Club: 2 nd Dan +		HPST (Supplementary & Restricted Course)		Poomsae Training Team (Supplementary & Restricted Course)		

Note: Schedules are subject to change. Members may need to confirm the schedule before attending class on belt testing weekend and holidays.