

W8 Studio

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:00 PM 50 min	Kid's Beginner (4-12yr)					10AM Private Lessons
5:00 PM 50 min	Kid's Intermediate					11AM-1PM HPST (High Performance Sparring Team)
6:00 PM 60 min	Kid's Advanced					
7:00 PM 60 min		Youth/A	dult All Level (1	3yr+)	Demo Class	Afternoons: Private Lessons