



CERVIZZI'S MARTIAL ARTS GRAPPLING TOURNAMENT

Sunday MARCH 1ST 2020 **9:000 am START**

NORTH READING DOJO - 6 Washington St – N. Reading, MA

Pre-Registration Fee: \$ 30.00 Register by 2/22/20
at door \$40.00

CMAA ANNUAL TOURNAMENT NO-GI GRAPPLING RULES

*Our objective is to have a safe, fun, efficient and exciting event that tests the skill, strength, endurance and fighting spirit of competitors in friendly competition. We have modified our rules from previous years to help clarify expectations for competitors and to ensure a successful event. Please carefully review updated rules below:

Divisions Split into Male and Female and novice and advanced for divisions 3-6):

1. 4-6 Year old <60 pounds (no submissions)
2. 7-9 Year old <90 pounds (no submissions)
3. 10-12 Year old <130 pounds
4. 13-15 Year Old <160 pounds
5. 16-17 Year Old <200 pounds
6. 18+ Year Old

-Judges reserve the right to modify and or combine the divisions and/or move competitors up or down divisions as necessary (including splitting/combining divisions by gender, weight, age)

-No seeding of competitors

-Novice = Little to no grappling experience/training (no submissions)

-Advanced = Grappler with tournament experience and familiar with chokes/joint locks (submissions allowed)

Weigh Ins:

These will be conducted the morning of the tournament at **starting at 8:30am and ending at 8:50am** to ensure the accuracy and timely start of the divisions and for the safety of the competitors. Grapplers who do not weigh in will not be allowed to compete. Grapplers will be fit into divisions based on their age and then weight. A grappler heavier than their age bracket may be moved up to the next division. Competitors are not required to wear uniform during weigh in.

Attire:

-Shorts/rash guard and form fitting sports nylon athletic shirt (short or long-sleeve) or karate/jj gi pants can be worn. **No gi tops allowed**

Match Rules:

Brackets:

Scoring table will Track divisions via app (Wrestling Bracket Maker) to ensure accurate brackets.

First Round Matches: 1 Minute

Semi-Final Matches: 1 Minute

Consolation Matches: 1 Minute

Championship Matches: 2 Minutes

Medals for 1st, 2nd and 3rd Place (no medals for 4th place)

No overtime period, no rest periods

Points

Takedown: 2 points

Guard Pass/knee on belly: 2 points

Sweep: 2 Points

Side Mount: 3 Points (must be held for 5 seconds)

Mount/Rear Mount: 4 points (must be held for 5 seconds)

No advantage points

Escaping from side mount, mount or rear mount to standing: 1 point

Technical Victory: A competitor can win by having an advantage of 12 points or more (match ends)

-In the event of an opponent fleeing the mat to avoid take down or submission, judge has discretion to award points to competitor attempting take down or to penalize competitor fleeing the mat

HOW TO WIN:

***All matches have a winner**

Novice Divisions:

-By points

-Opponent gives up or is disqualified due to penalties or unsportsmanlike conduct

-If score is tied when time ends judge will award winner (positional control, fewer penalties)

-Judge stops match

-Competitor injury

Advanced Divisions:

-All of the above or

-Forcing opponent to tap via with hand or foot or verbally via legal choke or joint lock (submission)

Legal Chokes in Advanced Divisions:

-Rear Naked Choke

-Guillotine Choke (no standing Guillotines allowed)

-Triangle Choke

-Arm Triangle Choke

Legal Joint-Locks in Advanced Divisions:

-Shoulder Locks (Kimora, Americana, Omoplata)

-Armlocks and armbars

-Straight ankle locks, toe holds, knee bar, calf/bicep slicers)

Penalty Points:

-First Offense (warning)

-Second Offense (2 points awarded to opponent)

-Disqualification

-Unsportsmanlike conduct and flagrant use of illegal techniques (listed below) may result in immediate disqualification.

-Judges have discretion to issue a warning, award penalty points or disqualify competitors based on severity of penalties, illegal techniques and unsportsmanlike conduct

Illegal techniques (may result in a warning, penalty points or disqualification):

-Stalling (Avoiding engagement, fleeing the mat, defenseless attitude)

-Heel Hooks

-Finger Locks

-Wrist Locks

-Neck Cranks

-Knee Reaps

-Flying arm bars and triangles

-Jumping guard

-No Shin chokes

-Slamming

-*Any technique that cannot be controlled when applied*

-*Competitors can ask their judge before match begins, but not once match has begun*

Unsportsmanlike Fouls (may result in immediate penalty or disqualification):

-Slamming/spiking an opponent

-Inserting fingers into eyes or other parts of an opponent's body

-Striking

-Biting/spitting

-Pulling hair

-Acting in a violent/angry manner

-Scissor takedown (kani basami)

-Disregarding instructions of judge

-Missing their division after final call

-Ignoring judge instructions

-Attacking opponent during a time out

-Unsportsmanlike conduct or language

-Judges reserve the right to end a match at his/her discretion.

Injuries:

-If a competitor is unable to continue due to injury NOT caused by a foul after one minute, they forfeit their match.

General Information:

- AT DOOR REGISTRATION BEGINS AT 8:30AM

- ***Divisions will be called in order of Age***

- *We reserve the right to combine divisions based on age, rank, gender, weight class, and # of participants.*

- Only active competitors, tournament officials, scorekeepers, timekeepers and staff are allowed on the competition floor. **Parents and spectators must stay behind the designated boundaries, otherwise, you will be asked to leave.**
- **No** Videotaping allowed either by camera or camera/video cell phones

Contact Janice at cervizzis@aol.com or 978-357-9066 ext 0 with any questions -