ENERGY MARTIAL ARTS ACADEMY

October 2018

5510 Lawrence Avenue East (Scarborough) 416-286-1600

SCARBOROUGH MARTIAL ARTS CLASS SCHEDULE

	10:00	4:00	4:45	5:30	6:15	7:00	7:45	8:30	9:15
Monday	Morning! Adult Beginner	Youth Beginner	Youth Intermediate	Youth Black Belt	Youth Beginner	Youth Advanced	Adult Beginner	Adult Black Belt	Adult Intermediate & Advanced
Tuesday		Youth Intermediate	Youth Advanced	Youth Beginner	Youth Black Belt Program	Youth Intermediate	Adult Intermediate & Advanced	Adult Black Belt Program	Adult Beginner
Wednesday	Morning! Adult Beginner	Youth Beginner	Youth Intermediate	Youth Black Belt	Youth Beginner	Youth Advanced	Adult Beginner	Adult Black Belt	Adult Intermediate & Advanced
Thursday		Youth Intermediate	Youth Advanced	Youth Beginner	Youth Black Belt Program	Youth Intermediate	Adult Intermediate & Advanced	Adult Black Belt Program	Adult Beginner
Friday	Morning! Adult Beginner	Youth Beginner	Youth Advanced	Youth Intermediate	Adult All Levels			Academy Hours Mon-Thurs 2:00-10:00pm Friday 2:00-8:30pm Saturday 8am-2pm Birthday Party Times 12:30 pm to 5:00 pm Book yours today!	
Saturday	8:00am Youth Intermediate & Advanced	8:45 am Youth Black Belt Program	9:30 am Youth Beginner	10:15am Adult Beginner	11:00am Adult Black Belt Program	11:45am Open Family Practice			

***Ask your Instructor and Program Director for more information on the Black Belt Program.

**See Sparring and Weapons Schedules for more details. Please be advised: Schedule subject to change without notice.