

EXERPT FROM GRAND RE-OPENING INTERVIEW WITH MR. SORCE

Q. Why did you decide to remodel the facility?

A. We wanted to offer more workout and viewing space. I believe that the aesthetics of the environment can enhance students' training experience by providing a special look, feel and energy. We designed our dojang to be unlike any other in the area.

Q. How big was the original facility and what is it like now?

A. It was 1600 square feet, but now we have 3300 square feet. We created a special environment, not a gym, but a Zen-like place in which to train, practice and share with others. We will be adding programs and special classes throughout the year.

Q. Will you have any new offerings?

A. We will offer a new program called Fast Defense. It's a realistic, intense class for adult martial artists and non-martial artists alike. Black Belt Magazine called it the "best self-defense program of 2006." We will also bring in nationally known instructors throughout the year, including a gathering of instructors from Milwaukee who share our open philosophy of training to build camaraderie and share knowledge.

Q. How will the changes positively impact the facility, instructors, students?

A. Program changes and additions provide opportunities for students to learn more and do more. We provide shared learning opportunities and students can choose for themselves what they want to do more of in the way of martial arts. This approach helps facilitate self-improvement and personal growth in ways that other schools can't match.

Q. What does your facility offer? What classes, lessons?

A. We offer classes in traditional Taekwon-do, Inayan Eskrima and Danzan Ryu Ju Jitsu. Our curriculum is designed to help all ages and learning styles understand martial arts concepts and techniques. We include practical self-defense techniques, meditation, specialty classes and we host instructors from other disciplines or schools to help broaden students' martial arts experiences.

Q. Is there a type of person who tends to be into martial arts?

A. Our students are business and medical professionals, teachers, trades people, college students, parents and veterans. They come from various cultural backgrounds and range in age from 6 to 60. Their reasons for practicing martial arts varies from self-defense and physical fitness to mental or spiritual growth.

Q. Is martial arts growing in popularity? If so, what accounts for the growth?

A. Yes, martial arts is growing in popularity, especially among adults. This is due to the benefits that martial arts provides. Our school tends to attract adult students who share a similar philosophy of learning and sharing, and this is one of the reasons that people who try our school usually stay for a long time. They are often surprised at the benefits they gain through their practice, including improved mental focus.

For youth and children, we believe that martial arts is serious, not just entertainment or a place for kids to go after school. We teach that martial arts should be practiced with commitment and attention and that the lessons learned in class can be applied outside of the dojang. We work together with parents and teachers if requested, to provide an integrated approach to helping individual children succeed in their overall development, confidence and even academics. As a result, most children find that their efforts result in accomplishments they never could have imagined.



(414) 759-9531 • 926 Milwaukee Ave • South Milwaukee