

# Black Belt Credits



**ATTENDANCE CREDITS** are earned by regularly attending at least *Three (3)* classes each week.

- You require **ONE (1)** Attendance Credit at this level.



**EDUCATIONAL CREDITS** are earned by participating in learning opportunities outside of your scheduled classes. Private Lessons, Seminars, Lectures, Tournaments and Karate Camps.

- You require **THREE (3)** Black Belt Educational Credits at this level.



**LEADERSHIP CREDITS** are earned by assisting in junior level classes. Students helping students in the ranks below them is the Karate way. You earn *ONE (1)* Leadership Credit for every 20-hours of assisting classes.

- You require **TWO (2)** Black Belt Leadership Credit at this level.

## KURO OBI KOHAI *Junior Black Belt*

*As this great achievement is within your grasp, I want to congratulate you on coming this far. This is the result of years of commitment and dedication. More than the belt, I hope that you have learned that you are capable of accomplishing whatever you decide to focus on.* **Shihan Cyr**

### KURO OBI KOHAI - TO DO LIST:

Participation in the Kuro Obi Kohai training camp is part of the grading process for this ranking. There will be many elements of your grading held throughout this seminar. Your written requirements for this ranking are:

1. An essay on ***"What Karate means to me"*** (500 words)
2. Your updated Martial Arts resume
3. Your 6-month, 1-year, 3-year, and 5-year Goals

*Please hand in these requirements on or before the grading or they can be emailed to your Dojo.*



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