

Black Belt Credits



ATTENDANCE CREDITS are earned by regularly attending at least *Three (3)* classes each week.

- You require *ONE (1)* Attendance Credit at this level.



EDUCATIONAL CREDITS are earned by participating in learning opportunities outside of your scheduled classes. Private Lessons, Seminars, Lectures, Tournaments and Karate Camps.

- You require *TWO (2)* Black Belt Educational Credits at this level.



LEADERSHIP CREDITS are earned by assisting in junior level classes. Students helping students in the ranks below them is the Karate way. You earn *ONE (1)* Leadership Credit for every 20-hours of assisting classes.

- You require *ONE (1)* Black Belt Leadership Credit at this level.

AMA VALUE: RELIABILITY

Values are an important part of your training at the Academy of Martial Arts.

1. What does Reliability mean to you?
2. What can happen if you are not Reliable?
3. How do you practice Reliability?

KARATE TERMS

Translate the following from Japanese to English:

1. What does *Karate Ni Sente Nashi* mean?
2. What does *Mizu No Ko Koro* mean?

SHORT ESSAY (One Page)

Please write a report titled, *"What Karate means to Me"*

MARTIAL ARTS RESUME

Please include your updated *Martial Arts Resume*.

BLACK BELT CREDITS

1. What classes do you attend weekly?
 2. You require a minimum of *TWO (2)* Educational Credits at this level.
 3. You require a minimum of *ONE (1)* Leadership Credit at this level.
- These credits are earned by assisting in junior level classes.

1 Credit = 20 Hours of Assisting

Please hand in these requirements on or before the grading or they can be emailed to your Dojo.



KARATE makes everything better

THE ACADEMY OF MARTIAL ARTS **AMADOJO.COM**