

# Black Belt Credits



**ATTENDANCE CREDITS** are earned by regularly attending at least **Two (2)** classes each week.

- You require **ONE (1)** Attendance Credit at this level.



**EDUCATIONAL CREDITS** are earned by participating in learning opportunities outside of your scheduled classes. Private Lessons, Seminars, Lectures, Tournaments and Karate Camps.

- You require **ONE (1)** Black Belt Educational Credit at this level.



**LEADERSHIP CREDITS** are earned by assisting in junior level classes. Students helping students in the ranks below them is the Karate way. This practice develops responsibility and leadership skills in its participants.

- There are no Black Belt Leadership Credits needed at this level.

## AMA VALUE: PATIENCE

Values are an important part of your training at the Academy of Martial Arts. Please tell us what this value means to you.

1. What does Patience mean to you?
2. What can happen if you are not Patient?
3. How do you practice Patience?

## KARATE TERMS

Translate the following from Japanese to English:

1. What does *Goju Ryu* mean?
2. What does *Sempai* mean?
3. What does *Kime* mean?

## MARTIAL ARTS RESUME

Start to build your *Martial Arts Resume*.

1. When did you start training?
2. When did you earn each of your belts?
3. Martial Arts Reading list. What books have you read to help your Karate?
4. What did you do to earn your Educational Credits, and when did these events happen?

## BLACK BELT CREDITS

1. What classes do you attend weekly?
2. You require a minimum of **ONE (1)** Educational Credit at this level. Please list this extra-curricular Karate event with your written assignment.

*Please hand in these requirements on or before the grading or they can be emailed to your Dojo.*



**KARATE** makes everything better

THE ACADEMY OF MARTIAL ARTS **AMADOJO.COM**