

Black Belt Credits



ATTENDANCE CREDITS are earned by regularly attending at least **Two (2)** classes each week.

- You require **ONE (1)** Attendance Credit at this level.



EDUCATIONAL CREDITS are earned by participating in learning opportunities outside of your scheduled classes. Private Lessons, Seminars, Lectures, Tournaments and Karate Camps.

- You require **ONE (1)** Black Belt Educational Credit at this level.



LEADERSHIP CREDITS are earned by assisting in junior level classes. Students helping students in the ranks below them is the Karate way. This practice develops responsibility and leadership skills in its participants.

- There are no Black Belt Leadership Credits needed at this level.

AMA VALUE: COURAGE

Values are an important part of your training at the Academy of Martial Arts. Please tell us what this value means to you.

1. What does Courage mean to you?
2. What happens if you are not Courageous?
3. How do you practice Courage?

KARATE TERMS

Translate the following from Japanese to English:

1. What does *Karate Do* mean?
2. What does *Kiai* mean?

SHORT ESSAY (One Paragraph)

Please write a paragraph about Four things Karate has taught you.

BLACK BELT CREDITS

1. What classes do you attend weekly?
2. You require a minimum of **ONE (1)** Educational Credit at this level. Please list this extra-curricular Karate event with your written assignment. Keep a record of this event for your *Martial Arts Resume*.

Mom, Dad, please discuss the AMA Values with your child, and help them if needed with these and any of the questions in this written assignment.

Please hand in these requirements on or before the grading or they can be emailed to your Dojo.



KARATE makes everything better

THE ACADEMY OF MARTIAL ARTS **AMADOJO.COM**