

# Black Belt Credits



**ATTENDANCE CREDITS** are earned by regularly attending at least **Two (2)** classes each week.

- You require **ONE (1)** Attendance Credit at this level.



**EDUCATIONAL CREDITS** are earned by participating in learning opportunities outside of your scheduled classes: Private Lessons, Seminars, Lectures, Tournaments and Karate Camps.

- You require **THREE (3)** Black Belt Educational Credits at this level.



**LEADERSHIP CREDITS** are earned by assisting in junior level classes. Students helping students in the ranks below them is the Karate way. You earn **ONE (1)** Leadership Credit for every 20-hours of assisting classes.

- You require **ONE (1)** Black Belt Leadership Credit at this level.

## AMA VALUE: THANKFULNESS

1. In 100 words or less, describe how the Martial Arts helps you demonstrate and exercise THANKFULNESS.

## ROAD TO BLACK BELT

Achieving your Black Belt is a major accomplishment.

**Big Goals** like these require: **Effort, Commitment** and **Planning**.

Strategically planning this next portion of your training will contribute greatly to your success.

Before you can grade for your Blue Belt you will need to request a meeting with your Sensei to discuss your **Road To Black Belt**.

1. To prepare for this meeting, please update your **Martial Arts Resume** in advance and provide a copy to your instructor.
2. In this meeting, we will be discussing your action plan to **Black Belt**.
3. Make notes and ask questions, because you will need to present this plan along with your updated Martial Arts Resume as your written requirements for Purple Belt.

## MARTIAL ARTS RESUME

Please include your updated **Martial Arts Resume**.

## BLACK BELT CREDITS

1. What classes do you attend weekly?
  2. You require a minimum of **THREE (3)** Educational Credits at this level.
  3. You require a minimum of **ONE (1)** Leadership Credit at this level.
- These credits are earned by assisting in junior level classes.

**1 Credit = 20-Hours of Assisting**

*Please hand in or email these written requirements to your Dojo.*



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