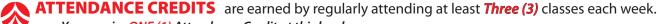
Black Belt Credits



• You require ONE (1) Attendance Credit at this level.

EDUCATIONAL CREDITS are earned by participating in events outside of your scheduled classes.

• You require THREE (3) Black Belt Educational Credits at this level.

LEADERSHIP CREDITS are earned by assisting in junior level classes.

• You require TWO (2) Black Belt Leadership Credit at this level.

GRADING AUDITS are earned by participating in Kyu Belt Gradings as a non-grading student.

• There are no Grading Audit requirements until after you have earned your Second Kyu.

PRACTICUMS are an essential part of training for Second and First Kyu students. These training sessions prepare Shodan Candidates for their Black Belt grading.

• There are no Practicum requirements until after you have earned your Second Kyu.

AMA VALUE: EXCELLENCE

1. In 100 words or less, describe how the Martial Arts helps you demonstrate and exercise EXCELLENCE.

KARATE TERMS

Translate the following from Japanese to English:

1. Goju Ryu 2. Jiu Jitsu

3. Tai Sabaki 4. Karate Ni Sente Nashi

SHORT ESSAY (One Page)

Please write a essay titled, "What Karate means to Me" This should be a reflection of your personal Martial Arts journey.

GOALS

Your Martial Arts education is entering a new chapter. Brown Belt training is focused on developing strong Black Belts.

Please submit three (3) Martial Arts training goals for each of the following timelines: 3, 6 & 12-Months, along with your action plan to achieve them.

MARTIAL ARTS RESUME

Please include your updated *Martial Arts Resume*.

BLACK BELT CREDITS

- 1. What classes do you attend weekly?
- 2. You require a minimum of *THREE* (3) Educational Credits at this level.
- 3. You require a minimum of TWO (2) Leadership Credit at this level.

2 Credits = 40-Hours of Assisting

Please hand in or email these written requirements to your Dojo.

