

SECOND KYU

Black Belt Credits



ATTENDANCE CREDITS are earned by regularly attending at least **Three (3)** classes each week.

- You require **ONE (1)** Attendance Credit at this level.



EDUCATIONAL CREDITS are earned by participating in events outside of your scheduled classes.

- You require **THREE (3)** Black Belt Educational Credits at this level.



LEADERSHIP CREDITS are earned by assisting in junior level classes.

- You require **TWO (2)** Black Belt Leadership Credits at this level.



GRADING AUDITS are earned by participating in Kyu Belt Gradings as a non-grading student.

- You require **One (1)** Black Belt Grading Audit Credit at this level.



PRACTICUMS are an essential part of training for Second and First Kyu students. These training sessions prepare Shodan Candidates for their Black Belt grading.

- There are no Practicum requirements until after you have earned your Second Kyu.

AMA VALUE: SELF-DISCIPLINE

1. In 100 words or less, describe how the Martial Arts helps you demonstrate and exercise DISCIPLINE.

KARATE TERMS

Translate the following from Japanese to English:

- | | |
|---------------|----------------|
| 1. Morte Zuki | 2. Haito |
| 3. Nukite | 4. Kazama Zuki |

CLASS NOTEBOOK

Share something that you that you have written in your notebook. Why did you choose this particular note and what does it mean to you?

ROAD TO BLACK BELT

It is once again time to arrange a meeting with your Sensei to discuss your *Road To Black Belt*. Come prepared to ask questions and take notes.

From this meeting, you will create your action plan for a successful Black Belt grading. Please submit this plan with your written requirements.

MARTIAL ARTS RESUME

Please include your updated *Martial Arts Resume*.

BLACK BELT CREDITS

1. What classes do you attend weekly?
2. You require a minimum of **THREE (3)** Educational Credits at this level.
3. You require a minimum of **TWO (2)** Leadership Credit at this level.
4. You require a minimum of **ONE (1)** Grading Audits at this level.

Please hand in or email these written requirements to your Dojo.



KARATE makes everything better

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