



Kim's Tae Kwon Do Martial Arts Center

Class Schedule Effective 4-11-11

4602 NE Sunset Blvd ● (425) 254-3526 ● www.rentontaekwondo.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	<ul style="list-style-type: none"> Please Arrive 10 - 15 minutes prior to start of class Remain in warm up area before class Never disturb classes in session All jewelry must be removed prior to class Clean uniform and hygiene habits are a must All guests should remain in seating area All shoes should be placed on the shoe rack Children must remain in designated areas
Family Class (all belts, all ages) 12:00 – 1:00		Family Class (all belts, all ages) 12:00 – 1:00		Family Class (all belts, all ages) 12:00 – 1:00	Family Class (all belts, all ages) 10:00 – 11:00am	
	Intro Lessons 5:00 – 5:30	Intro Lessons 5:00 - 5:30	Intro Lessons 5:00 – 5:30			
White & Yellow (family) 4:15 - 5:00	White & Yellow (family) 5:30 - 6:20	White & Yellow (family) 4:15 - 5:00	White & Yellow (family) 5:30 - 6:20			
Blue thru Black (family) 5:15 - 6:15	Blue thru Black (family) 4:00 - 5:00	Blue thru Black (family) 5:30 - 6:30	Blue thru Black (family) 4:00 - 5:00	Blue Thru Black Forms Class (all ages) 4:00 – 4:45		
Adult (13 & up, all belts) 6:15 - 7:15	Adult (13 & up, all belts) 6:30 – 7:30	Adult (13 & up, all belts) 6:30 – 7:30	Adult (13 & up, all belts) 7:00 – 8:00	Black Belt Training (all belts) 5:00 – 6:00		
Cage Fitness 1:15 - 1:45 7:15 – 7:45	Cage Fitness 7:45 – 8:15	Cage Fitness 10:00 - 10:30am	Cage Fitness 6:30 – 7:00	Cage Fitness 1:15 - 1:45 6:15 – 6:45		

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