



Boise Tournament

What a great showing we had at the Boise Championship Tournament held on March 25th. Over 20 people from Renton and Rainier Valley attended and competed, and everyone did great. Team Project A took first place in the team competition. If you haven't seen their performance, please watch it on our YouTube Channel.

The next tournament will be held on May 13th in Portland, Oregon. After that will be the Friendship Tournament on August 5th in Renton.



Inside this issue:

| | |
|--------------|---|
| Inside Story | 2 |
| Inside Story | 2 |
| Inside Story | 2 |
| Inside Story | 3 |
| Inside Story | 4 |
| Inside Story | 5 |
| Inside Story | 6 |

Join our Facebook Student Group!

We have a student only group on Facebook. This group is open to all active members, and their immediate family. Please take a moment to find us, and ask to be added to the group.

www.facebook.com/groups/kimstkrentonstudents

Upcoming Events

Saturday, April 8th - Promotion Test in Renton (10am & 12pm) Must be recommended by instructor

Saturday, May 13th - Championship Tournament in Portland, Oregon

May 25 - 29 - School closed for Annual Cleaning & Memorial Day

Saturday, June 10th - Promotion Test in Renton (10am & 12pm) Must be recommended by instructor

Saturday, August 5th - Friendship Tournament in Renton



Come in and see what Cage Fitness is all about

If you are interested in getting in better shape, but don't really want to learn martial arts, Cage Fitness is the class for you. It is a 30 minute strength and cardio workout, based around the principles of a mixed martial arts workout. The best thing? There are no partners and no contact. Just a 30 minute strength and cardio blast! Come in and try out a class and see what Cage Fitness is all about!

TKD Anniversaries

The following people began training with us in April of the year listed.
Congratulations!

Eric Morales (2013)

Lisa Sargrent (2013)

Allen Gashkayan (2013)

Jesus Castaneda (2014)

JP Solano (2015)

Mizan Shepherd (2016)

Anand Erdenebaatar (2016)

Samuel Miller (2016)

Ethan Maneenoi (2016)

Adalynne Van Der Kolk (2015)

Black Belt Test



Congratulations to those who earned their Black Belt, or advanced rank, on March 4th. Everyone did a great job, and we are proud of your progress and dedication to Tae Kwon Do. Keep up the great work!

We look forward to your continued improvement, and will do everything we can to help you reach your goals!

Refer a Friend, Earn \$50



You probably know someone who would like to try Tae Kwon Do. That is why we have a referral program. Here's how it works — introduce someone to our school, and when they sign up to become a student we will give you a \$50 gift certificate to just about anywhere you would like. The best part is there is no limit to the number of certificates you can earn.

We appreciate all of our students, and a referral is the best compliment we can receive from you. Thank you!

Welcome New Students!

KIM'S TAE KWON DO

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Christena Leland
Charley Nagy
Ryder Ohlemeier
Fred Leland
Gracie Nemes
Ankush Patil
Kaden Daniels

Justin Heyward
Edward Elkin
Avani Abad
Tom Leland
Judah Kozma
David Lee
Noah Kim

Happy Birthday!

| | |
|-----------------|--------------------|
| Taneth Van | Brandon Wong |
| Drew Beckley | JP Solano |
| Art Jury | Arthur Jury |
| Emma Chekal | Anand Erdenebaatar |
| Rob Graham | Kendra Mesceda |
| Logan Le | Nolan Peloquin |
| Brooklynn James | Tien Tang |
| Celina Nguyen | Philip Guy |
| Julia Blanchet | Collin Thuriot |

Check in for class attendance

We would like to remind everyone that it is VERY important that you log in at the front desk when you arrive for class. This does a few things. First, it lets us know you were here. Part of promotion test requirements is a certain number of attendances. If you don't log in, you won't meet the requirement. Next, if you don't attend class for a certain period of time, you will receive a "where are you" email. We don't want these emails to go out if you have been attending class.

In order to have proper attendance, you must log in BEFORE your class. If you try to log in after the class, it will not attend you for the correct one. Thank you for understanding!