Yoga for Sight Day ~ A Global Event to Prevent Blindness and Low-Vision

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On June 1ˢᵗ, yoga studios around the globe will join together for the First Annual Yoga For Sight Day, raising funds and awareness about Seva's international campaign to prevent blindness and low-vision.

Funds raised will provide eye exams, eyeglasses, medical care and sight restoring surgery to adults and children living in poverty in places like Bangladesh, Cambodia, Ethiopia, Nepal, Tibet, and in the 20 countries where Seva serves people in need, including Native American communities here in the United States.

On Yoga For Sight Day, yoga studios and practitioners will host events to support this important work.

Globally there are 39 million people who are blind, and another 246 million that suffer with low-vision. The World Health Organization estimates that 80% of this blindness and low-vision can be prevented or cured.
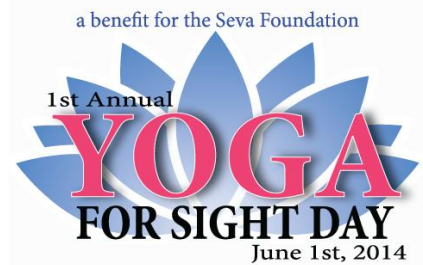
For every $50 raised during Yoga For Sight Day, a person in need will have their eyesight restored.

Studios in California, Michigan, Montana, New York, Oregon, Pennsylvania, Rhode Island, Texas, Vermont, and even ones in Italy and India have already jumped on board with more signing up and announcing participating events every day.

Each studio has created a unique way to invite their community to participate.

Seaside Yoga Sanctuary
1360 Fremont Blvd, Seaside
300 Grand Ave, Pacific Grove
44 Plaza Circle, Salinas
831-899-YOGA
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Seva and the Yoga For Sight Day community are grateful to the event sponsors, Brightstar Events, Common Ground Magazine, Jammin on Haight, Zen Chanting Yoga Clothing, 1 on 1 Yoga, Bhakti Fest, and Yoga FlipChips.

For more information on Yoga For Sight Day, please visit www.seva.org/yogaforsightday

Seva Foundation, 1786 Fifth Street, Berkeley, California 94710. www.seva.org

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