

MP USA Summer 2017 Semester Schedule

Greetings all MP Students! Below is the Summer Semester Schedule for all MP practitioners. All classes and holidays are listed through September 2017. AAP students will find their schedule on Mondays & Thursdays. Wealth of Health & Vibravision 1.5 on Wednesdays. Vibravision 1.0 on Tuesdays and Vibravision 2.0 thru 5.5 on Tuesday and Friday nights.

Kid's evening classes are Monday thru Thursday with Kid's Tests on the 3rd Saturday of each month.

Below is a key showing you what the different letters mean and there is **more on the back**.

Please feel free to call us if you have any questions.



Holidays:

May 29th (Memorial Day)

June 30th thru July 9th (Independence Day Holiday)

Mon. Sept. 4th (Labor Day)

Day After Park Classes 6/8 & 6/9; 6/30;
8/3 & 8/4; 8/24 & 8/25

(866) 66-MPUSA (67872) and choose the extension for whom you need to speak with

PERSILAT KIDS (PK)

Monday = Forms

Tuesday = Forms/Weapons

Wednesday = Fun & Fitness

Thursday = Sparring/Self Def.

3rd Saturday = PK Tests

ADULTS (AAP & WOH)

P = Pengolahan (Power)

KP = WOH Power

1/2 KP = 1/2 & 1/2 Power

SP = Soft Power

M = Movement

"+ B" = + Breaking

"+ S" = + Sparring



APRIL 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30 Mar	31 Mar	1
WEEK 0	NO AAP CLASSES	V.V. 2.0 ⁴ Inaugural Class STARTS @ 6pm!	New WOH & V.V. 1.0 starts @ 6pm	New Dasar 1 Starts @ 6pm!!! NO D2!	V.V. 2.0 ¹	WPPSS Women's Workshop 3pm - 6:30pm!!!
WEEK 1	Kids Intro	V.V. 1.0 Make Up @ 6pm & V.V. 2.0 ¹ @ 7pm	WOH 1.0 Makeup WOH 1.5 ¹ returns @ 7pm New for 1.5	AAP = M	V.V. 2.0 ¹	Demo Practice, Mastery Class & Kids Test
WEEK 2	B1 Pot-Making @ 5:45 AAP = M	V.V. 1.0 & 2.0 ¹ NO VV 1.5	WOH = 1/2 KP New for 1.5, 2, 2.5 + V.V. 1.5	AAP = P	V.V. 2.0 ¹	
WEEK 3	Kids Intro	V.V. 1.0 & 2.0 ¹ NO VV 1.5	WOH = KP New for 1.5, 3, 3.5 + V.V. 1.5	AAP = M	NO V.V.	Pembajaan Ilim SHARP AAP ONLY
WEEK 4	A+					

MAY 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1	2	3	4	5	6
WEEK 4	AAP = P	V.V. 1.0 & 2.0 ¹ NO VV 1.5	WOH & VV 1.5 = SP New for 4 & 4.5	AAP = M + S	V.V. 2.0 ¹	
WEEK 5	Kids Intro	V.V. 1.0 & 2.0 ¹ NO VV 1.5	WOH & VV 1.5 = KP New for 5 & 5.5	AAP = KP	V.V. 2.0 ¹	
WEEK 6	AAP = M	V.V. 1.0 & 2.0 ¹ NO VV 1.5	WOH & VV 1.5 = 1/2 KP New for 2.0	AAP = M+B	V.V. 2.0 ¹	Demo Practice, Mastery Class & Kids Test
WEEK 7	Kids Intro	V.V. 1.0 & 2.0 ¹ NO VV 1.5	WOH & VV 1.5 = KP New for 2 & 2.5	AAP = M+S	V.V. 2.0 ¹	
WEEK 8	MEMORIAL DAY NO CLASSES	V.V. 1.0 & 2.0 ¹ NO VV 1.5	WOH & VV 1.5 = Soft Power New for 3 & 3.5			

JUNE 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3	4	5	6	7	8	9
WEEK 8	AA			AAP = KP & B	V.V. 2.0 ¹	
WEEK 9	A+	AAP = M+S	V.V. 1.0 & 2.0 ¹ NO VV 1.5	Class in the Park @ 6pm! WOH & VV 1.5 = 1/2 KP	NO CLASSES	NO CLASSES
WEEK 10	Kids Intro	AAP = P	V.V. 1.0 & 2.0 ¹ NO VV 1.5	WOH INTRO! WOH & VV 1.5 = KP New for 4, 4.5, 5, 5.5	AAP = M+B	V.V. 2.0 ¹
WEEK 11	AAP = M+S	V.V. 1.0 & 2.0 ¹ NO VV 1.5	WOH INTRO! WOH & VV 1.5 = KP & Written Test!!!	AAP = P	V.V. 2-day Immersion for the Blind + V.V. 2.0 ¹	Demo Practice, Mastery Class & Kids Test
WEEK 12	Kids Intro	AAP = M+B	V.V. 1.0 & 2.0 ¹ NO VV 1.5 "Last Class"	WOH INTRO! WOH & VV 1.5 = SP "Last class" WOH 1.5 resumes 7:12 (WOH 1.5 = 7pm on 7/12)	Class in the Park @ 6pm! Soft Power Kids Sparring!	NO CLASSES

JULY 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	11	12	13	14	15	16
WEEK 12	B-					
WEEK 13	A+	NO CLASSES	Happy 4th of July!!!	NO CLASSES	NO CLASSES	NO CLASSES
WEEK 14	Kids Intro (Opt)	AAP = M+S	V.V. 2.0 ¹ resumes NO VV 1.5	WOH 1 & VV 1.5 start @ 6pm WOH 1.5 ¹ & VV 1.5 ret. @ 7pm New for 1.5	AAP = P	V.V. 2.0 ¹
WEEK 15	MAS MIKE'S B-DAY!	AAP = M+B	V.V. 1.0 & 2.0 ¹ NO VV 1.5	WOH / VV 1.5 makeup @ 6pm WOH & VV 1.5 = 1/2 KP New for 1.5, 2, 2.5	Class in the Park! 6-8pm Kids Sparring DI MIDTERM	V.V. 2.0 ¹
WEEK 16	Kids Intro	AAP = P	V.V. 1.0 & 2.0 ¹ NO VV 1.5	WOH = KP New for 1.5, 3, 3.5	AAP = M+S	V.V. 2.0 ¹
WEEK 17	AAP = M+B					MP Camping Trip!!! Adults only

AUGUST 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13	14	15	16	17	18	19
WEEK 17	BB	V.V. 1.0 & 2.0 ¹ NO VV 1.5	Class in the Park @ 6pm! WOH & VV 1.5 = SP New for 1.0	NO CLASSES	NO CLASSES	
WEEK 18	AAP = M+S	V.V. 1.0 & 2.0 ¹ NO VV 1.5	WOH & VV 1.5 = KP New for 5.0 & 5.5	AAP = Soft BP	V.V. 2.0 ¹	Private Women's Workshop 3pm - 6:30pm!!!
WEEK 19	Kids Intro	AAP = P	V.V. 1.0 & 2.0 ¹ NO VV 1.5	WOH & VV 1.5 = 1/2 KP New for 2, 4.0, 4.5	AAP = M + B	V.V. 2.0 ¹
WEEK 20	AAP = M + S	V.V. 1.0 & 2.0 ¹ NO VV 1.5	Class in the Park! 6-8pm WOH & VV 1.5 = KP	NO CLASSES	NO CLASSES	
WEEK 21	Kids Intro	AAP = P	V.V. 1.0 & 2.0 ¹ NO VV 1.5	WOH & VV 1.5 = SP New for 2.0, 2.5, 3.0, 3.5	AAP = M + B	

SEPTEMBER 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	29	30
WEEK 21	B-				V.V. 2.0 ¹	Demo Practice & PL's
WEEK 22	Labor Day NO CLASSES	V.V. 1.0 & 2.0 ¹ NO VV 1.5	WOH INTRO! WOH & VV 1.5 = KP New for 4, 4.5	AAP = KP + B	DEMO & OPEN HOUSE 6:30pm!!!	PL's
WEEK 23	Kids Intro	AAP = BP "Pemampatan"	V.V. 1.0 & 2.0 ¹ NO VV 1.5	WOH INTRO! WOH & VV 1.5 = 1/2 KP New for 5 & 5.5	AAP = M + S	V.V. 2.0 ¹
WEEK 24	AAP Intro	AAP = P	V.V. 1.0 & 2.0 ¹ NO VV 1.5	WOH INTRO! WOH & VV 1.5 = KP & Written Test!!!	AAP = M	V.V. 2.0 ¹
WEEK 25	Kids Intro AAP Intro	AAP = P	V.V. 1.0 & 2.0 ¹ "Last Class"	WOH INTRO! WOH & VV 1.5 = SP Last class in semester. WOH 1 starts 10/4	AAP = M Last Class D1 starts 10/9 D2? res. 10/9	NO V.V.

Questions? Please check the back OFTEN

MP USA Weekly Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	3rd Saturday of the month
5PM	5pm-5:45pm Children's Martial Arts White thru Orange	5pm-5:45pm Children's Martial Arts White thru Orange	5pm-5:45pm Children's Martial Arts White thru Orange	5pm-5:45pm Children's Martial Arts White thru Orange		11am-1pm Demo Practice
6PM	6pm-6:45pm Children's Martial Arts Purple thru Red	6pm-6:45pm Children's Martial Arts Purple thru Red	6pm-6:45pm Children's Martial Arts Purple thru Red	6pm-6:45pm Children's Martial Arts Purple thru Red		1:15-3:15pm Mastery Class
7PM	7pm-9pm MP Athletic Adventure Class	7-9pm Vibravision Levels 1-5 (no 1.5 [1.5 on Wed.])	7-9pm Wealth of Health & VV 1.5	7pm-9pm MP Athletic Adventure Class	7-9pm Vibravision Levels 2 thru 5 (NO 1.0 or 1.5)	3:30-4:30pm Trainer's Mtg
8PM	↓	↓	↓	↓	↓	4:30-8:30pm Youth Tests

Important MP USA Dates

Open House & DEMO!!!
Friday, Sept. 8th
@ 6:30pm



Intro Programs (ALL Mon, Tues. & Wed.)

Kids (5pm-5:45pm)

- ▶ Apr. 10th, 11th & 12th
- ▶ Apr. 24th, 25th & 26th
- ▶ May 8th, 9th & 10th
- ▶ May 22nd, 23rd & 24th
- ▶ June 12th, 13th & 14th
- ▶ June 26th, 27th & 28th
- ▶ July 10th, 11th & 12th
- ▶ July 24th, 25th & 26th
- ▶ Aug. 14th, 15th & 16th
- ▶ Aug. 28th, 29th & 30th
- ▶ Sept. 11th, 12th & 13th
- ▶ Sept. 25th, 26th & 27th

Adults (6pm-6:45pm)

- ▶ Sept. 18th, 19th & 20th
- ▶ Sept. 25th, 26th & 27th
- ▶ Oct. 2nd, 3rd & 4th

WEALTH OF HEALTH INTRO CLASSES

June 14th, June 21st, June 28th,
Sept. 6th, Sept. 13th, Sept. 20th, Sept. 27th

Other Important dates to note

D1 Midterm - Thurs. July 20th
AAP UKT - Sat. Sept. 30th
AAP Pembajaan - Sat. Oct. 7th
MP Camping Trip - July 29th (Adults only)
Open House & Demo - Sept. 8th

Start Dates

W.O.H. & VV 1.0

*Note: VV 1.0 is held on Tuesday nights, but for the first class we'll have WOH 1.0 and VV 1.0 together on Wednesday.

- ▶ **Wed. Apr. 5th @ 6pm** ◀
Last-Chance Makeup is Wed. April 12th @ 6pm
- ▶ **Wed. July 12th @ 6pm** ◀
Last-Chance Makeup is Wed. July 19th @ 6pm
- ▶ **Wed. Oct. 4th @ 6pm** ◀
Last-Chance Makeup is Wed. Oct. 11th @ 6pm

VV 2.0

*Note: VV 2.0[†] is held on Tuesday & Friday nights (7-9pm) and it is required for new VV 2.0 students to have completed either AAP Dasar 1, Wealth of Health 1.0 & 1.5 -or- the VV 1.0 and VV 1.5 classes. (6 months minimum)

- ▶ **Tue. April 4th @ 6pm** ◀
- ▶ **Tue. July 11th @ 6pm** ◀
- ▶ **Tue. Oct. 3rd @ 6pm** ◀

Athletic Adventure!

- ▶ **Thur. Apr. 6th @ 6pm** ◀
- ▶ **Thur. Oct. 5th @ 6pm** ◀

If you have any questions or need any help, please feel free to email us at info@mp-usa.org call us at (866) 66-MPUSA (67872)