

Premier Martial Arts - Encinitas Weekly Class Schedule

Ph. (760) 635-3699

Program	Mon.	Tues.	Wed.	Thur.	Fri.	Sat.
Tiny Champs (3 & 4 year olds) (30 minutes)		11:15am			11:15am	8:30am
Karate Kids (4 to 6 year olds) Basics Program (30 Minutes)	3:00pm 3:30pm	2:50pm 4:40pm	3:00pm 3:30pm	4:40pm	3:20pm	10:20am
Karate Kids (4 to 6 year olds) Black Belt Club (40 minutes)	4:00pm	5:20pm	4:00pm	5:20pm	4:00pm	10:50am
Premier Kids(7 -12 year olds) Beginners program (40 minutes)	5:20pm	3:20pm	5:20pm	3:20pm	4:40pm	9:00am
Premier Kids (7 -12 year olds) BBC Intermediate (40 minutes)	4:40pm	6:00pm	4:40pm	6:00pm	5:20pm	9:40am
Premier Kids (7 -12 year olds) BBC Advanced (40 minutes)	6:00pm	4:00pm	6:00pm	4:00pm	5:20pm	9:40am
Adults & Teens Karate (60 minutes)	12:00pm 6:45pm	12:00pm 6:45pm	6:45pm	12:00pm 6:45pm		Family 11:30am
Black Belts Only Class (90 minutes)					6:00pm	

Premier Kids (7 -12 year olds) **Beginners Program** - White, Yellow and Orange belts.

Premier Kids (7 -12 year olds) **BBC Intermediate** - Purple, Blue, Green & Brown belts.

Premier Kids (7 -12 year olds) **BBC Advanced** - Red thru' Black belts.

Karate Kids (4 to 6 year olds) Basic Program

Karate Kids (4 to 6 year olds) **BBC** - Advanced class for 4 to 6 year olds enrolled in Black belt Club

BBC - Black Belt Club - Only students enrolled in a Black belt training Course may attend.

Black Belt Club classes include weapons, sparring, advanced forms, advanced self-defense and all techniques needed to one day become a Black Belt.