



# PRECISION MIXED MARTIAL ARTS

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[www.pmamesa.com](http://www.pmamesa.com)

# Kids

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Champions 5-7 Yrd	<b>4:00</b> <b>6:00</b>	<b>4:00</b>	<b>4:00</b> <b>6:00</b>	<b>4:00</b>	<b>3:30</b>	
Youth Beginner 8-12 yrs	<b>4:00</b> <b>6:00</b>	<b>4:00</b>	<b>4:00</b> <b>6:00</b>	<b>4:00</b>	<b>3:30</b>	
Youth Advanced BBT	<b>4:00</b> <b>6:00</b>	<b>4:00</b> <b>6:15</b>	<b>4:00</b> <b>6:00</b>	<b>4:00</b> <b>6:15</b>	<b>4:00</b>	
Tiny Champs Pre school			<b>9:30am</b> <b>3:30</b>			
Black Belts		<b>5:15</b>		<b>5:15</b>		
Competition Weapons					<b>4:15</b>	
Competition BJJ	<b>5:00</b>		<b>5:00</b>			
Hyper						<b>9:00am</b>
STORM/ Leadership Development					<b>5:15</b>	

**Floor 1**

**Floor 2**

**Floor 3**

# Adults

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Teen 7th- 10th Grade Black Belt Training		<b>6:15</b>		<b>6:15</b>		
Muay Thai Kickboxing*		<b>8:00</b>		<b>8:00</b>		
BJJ Grappling*	<b>7:30</b>	<b>12pm</b> <b>7:30</b>	<b>7:30</b>	<b>12pm</b> <b>7:30</b>	<b>7:30</b>	
Krav Maga* Self-Protection		<b>7:15</b>		<b>7:15</b>		

\*Ages 16 & up

\*\*Private Lessons available by appointment

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