**Curriculum**

**Little Ninjas -** Month 9
**Beginners -** Rotation 4, Month 2 -
**Intermediates -** Rotation 2, Month 2
**Advanced -** Rotation 4, Month 2

**American Top Team MMA-** TBA

**NO GI BJJ -** Side Mount

**Black Belts -** One Step

**Cage Fitness/Kickboxing -** Getting toned and in shape! - Bring a friend!

## Themed Classes

**Black Belt Club -** Kamas

**Master's Club/ Teen & Adult VIP-** Sword

THE KARATE DOJO
Martial Arts. MMA. Fitness

# DOJO Digest

MONTHLY NEWSLETTER

# October

2015

www.tkdojo.com

## October 2015 Calendar of Events

## Highlights

**Item of Month:** Summer's Over T-Shirt Blow Out Sale. Buy 1 T-Shirt and Get 1 at 1/2 off! OR Buy 1 t-shirt and get $5 off. *(In Stock shirts only, while they last)*

**Weekly Street Self-Defense Class is Going Strong** Teens and Adults, stop in any Monday, at 7:10pm. No commitment needed. $20/class

**VAMPS NYC Shoe Sale/Fundraiser:** Oct 1st - 31st go to www.vampsnyc.com Enter Code "DOJO" to get 10% off your order and 10% donated to charity

**October's Student of the Month:** See Below! Remember to praise and congratulate your friends for their achievement! Never be jealous. It's a great attribute to be just as proud of someone for their success as you would be for your own! Just keep working hard and doing your best and you may be the next Student of the Month!

**Classes Closed Tuesday, October 13, 2015** for **Family Fun Night** at Cicconi Farms! Make sure to come out and support the event with your family! See below for more info. We will be opened on Monday the 12th for Columbus Day.

**Intermediate Black Belt Candidate Test:** Saturday, October 10th from 12:30pm-2:30pm

**Stripe Testing/Final Evaluations (Belt Graduations)=** Monday, October 26th through Thursday, October 29th

**9th Annual Awards Banquet Tickets and Incentive Program:** We are excited to be at a new venue this year, with more value, better pricing and incentive programs for you to earn up to 2 Free Banquet tickets and Free ad space in our program book. See below for full details.

**Thanksgiving Basket Brigade Coming in November 21st**: See below for more information on our largest charity of the year. Find out how YOU can help make this our most successful brigade yet! Full packet is now at the front desk!

**Beginner Adult Classes***:* For our teen/adult Yuugou-Ryu students your classes have been moved to Tuesday and Thurday's and is now part of our mixed teen/adult class.

**Annual Dojo Halloween Party:** Friday, October 23rd, from 6pm-8pm - **No Class** See below for more info.

***Bring A Buddy Week October 19th - 22nd.***

**Birthday's, New Students and more!** See Below

**For the Full October event calendar in PDF format please click here:**
**October Event Calendar.pdf**

## Weekly Street Self-Defense Class is going strong!
## Every Monday for Teens/Adults
7:10pm - 7:50pm

**Quick Summary**

*This class will be opened to anyone ages 13 and up.*

- No Uniforms! Wear comfortable workout/athletic clothing (barefoot on the mat)
- No long term commitments!
- Pay a drop in fee of $20 per class OR use our "Month-to-Month" option for $60/month (Save $20) and cancel anytime with only 30 days notice!
- Come once a week, once a month or once a year!
- Come as often as you want
- Share this life saving class with family and friends.
- Perfect for College Students, Real estate agents, Moms, Dads, Teens, Police

Officers, guests visiting in town, ***Everyone***!

- Learn proper striking, escapes from grabs, ground/rape defense, how to overcome larger opponents and more!

This class is opened to the public! We are providing this service to give back to the community and offer a class that you can't find anywhere else. We specialize in 7 marital arts styles and will provide monthly themed classes to reinforce your learning and growth. We want to keep you and your family protected!

Contact us today to register for your first class or register online below!

1. To purchase and reserve your spot in one class ($20 Drop in Fee) - Click here: Book one Class only for September 14th: Book September 14th (or on tkdojo.com go to "Book Me" under "More" to find the Monday class you wish to attend.

2. To register for our Month-to-Month class (cancel with 30 days notice) for $60 - Click here Purchase Month-to-Month Membership for $60/month

## Item of the Month

***Summer's Over T-Shirt Blow Out Sale.*** Buy 1 T-Shirt and Get 1 at 1/2 off! OR Buy 1 t-shirt and get $5 off

*(In Stock shirts only, while they last)*

## Student of the Month

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**Student of The Month =** Luis Hernandez

Congratulations! We are so proud of you!

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**BRING A BUDDY WEEK**

Bring a Friend to enjoy class with you anytime from October 19th through October 22nd

*****Any friends that come to class for Buddy Week will be allowed to attend our Halloween Party at the end of the week!*****

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## BEGINNER TEEN & ADULT CLASS TIMES

### Beginner Teen/Adult Classes on Tues & Thurs

Monday at 7:10pm is now our Street Self-Defense Class *(formerly Beginner adults)* and Wednesday *(formerly Beginner adults)* at 7:20pm is our Demo Team Practices though January.

All teen/adult beginner classes will now take place on Tuesday at 8:10pm and Thursday at 8:30pm. The mat will be split into 3 for Beginner, Intermediate and Advanced curriculum.

If you have any questions please speak to a staff member.

**11 Tables Now Filled!**

*You can still get up to 3 monthly payments!*

**Have you bought your 9th Annual Awards Banquet Tickets yet?**

Did you know that you can earn ***FREE Tickets***! Find out more at the front desk or open the below link.

**Tables are selling out quickly to our largest event of the year! Don't miss it!**

To earn a **FREE** banquet ad or banquet ticket see our brand new incentive program!

Time for our biggest event of the year! New Location, more value, more fun! An event you won't want to miss!

**For our Full Banquet and Response form and our Incentive program click here**:

Banquet letter & Response Form.pdf

Ask someone who has gone before! We always get rave reviews on this event. People have been coming year after year! You don't want to miss it! Trust us!

***Closed Tuesday, October 13, 2015 for Family Fun Night! Make sure to come out and support the event with your family!***

## Thanksgiving Basket Brigade Charity

Our largest charity event of the year is right around the corner. We know have all of our information and dates ready to announce as well as a couple of fundraising events planned this month!

**1) Download the full Thanksgiving Packet here**:
[Thanksgiving Brigade Instructions Packet]

**2) Month Long Shoe Sale and Fundraiser with VAMPS NYC**. We have teamed up with an top quality shoe store both in Manhattan and online to offer you **10% off** all of your order for Men's, Women's and Children's shoes. In addition **10% of all proceeds will be donated back** to our Thanksgiving Brigade Efforts! From October 1st through October 31st only **enter code "DOJO"** at check out when you go to **www.vampsnyc.com** **See the full flyer here: VAMPS NYC FLYER**

**3) Cicconi Farms Fundraiser & Family Fun Night:** On Tuesday, October 13th from 4pm-7pm we will have a family fun night with 10% of proceeds (with some events even more) being donated back to our Thanksgiving Brigade. **See the flyers here:** 1) Family Fun Night on October 13th 2) Month Long Farm Fundraiser 3) Mum Sale

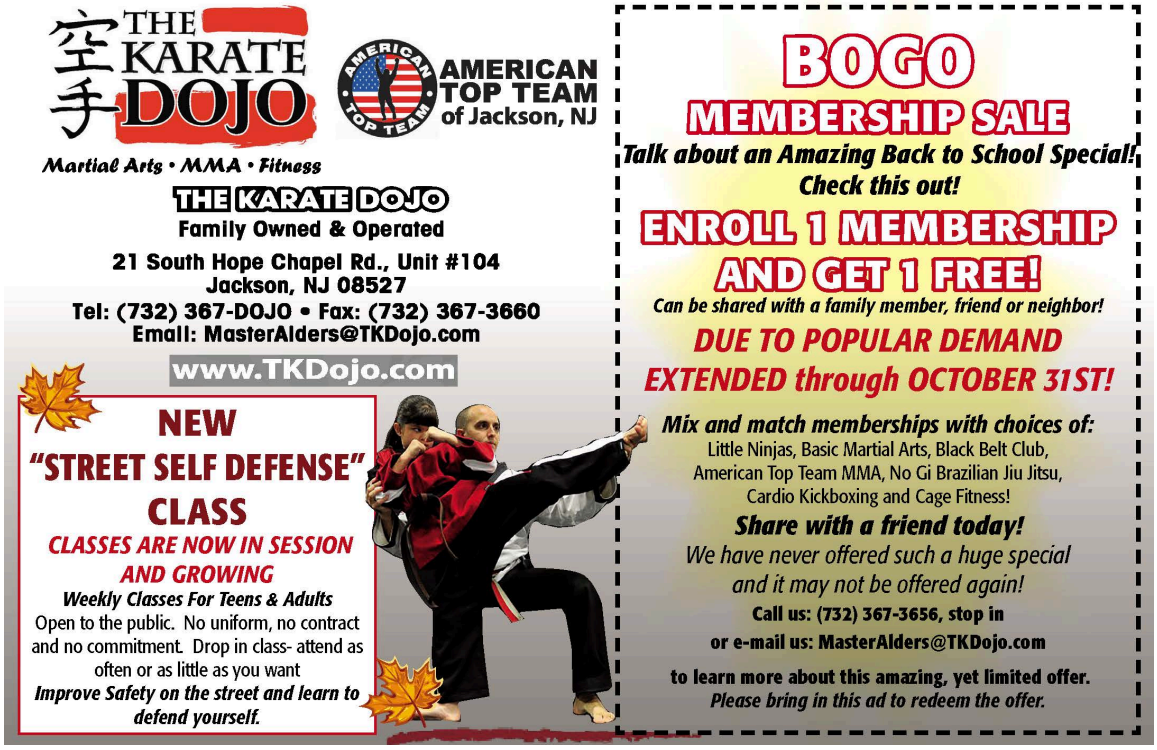
*Please make it a goal to* **sponsor at least one family** *and approach business owners to make a donation with a tax deduction.*

**New Member**

**BOGO**

**Special!!**

**Extended through 10/31**




**New Member B.O.G.O Sale** *(Buy 1 Membership, Get 1 Free)*

*Share with friends and family to earn Referral Rewards*

# **Dojo Halloween Party** Friday, October 23rd from 6pm - 8pm *(no classes)*

*Must come dressed in Costume

Featuring: Food, Candy, Music, Games, prizes, & More!

**Please sign up on our registration list with total number of guests & please add your name to the volunteer list!*

*Volunteers are also needed to help run games, our trunk or treat, food stations and Clean up. Please volunteer to help make our event a success.*

**Black Belt Candidate Testing Dates and Winter Black Belt Testing Dates**

**Intermediate Test**: Saturday, October 10th - Time - 1230pm-2:30pm.

**Advanced Test**: Saturday, November 7th - Time - 1230pm-2:30pm.

**Black Belt Test**: Saturday, December 12th - 830am until Finished.

## Welcome to The Karate Dojo Family

Mikayla Cannella, Matthew DeRice, Anthony DiAmbrosio, Alonna Donovan, Luca Farinella, Tyler Felicelli, Abraham Karmel, Liam Kohute, Christina Komitski, Grace Komitski, Steve Laskiewicz, Julianna Lauer, Jolene Lyszczak, Jace Lyszczak, Megan Placa, Joe Placa, Reagan Roberson, Linkon Roberson, Kyla Slocum, Madison Stockhoff, Yosef Stratton, Elchanan Stratton, Raphael, Rocco Tsivis and Teresa Villarroel.

## Happy Birthday this month to:

Lucy Alem, Tanner Bernal, Katie Bollard, Carlos Chavez, Sempai Patrick Gallagher, Peter Haber, Viggy Kitay, Avi Kitay, Liam Kohute, Anthony Lazarus, Maxim Savchuk, Kyle Schweitzer, Eli Shain, Dawn VanDorpe and Ian VanDorpe Sr.

The Karate Dojo & American Top Team of Jackson, NJ
www.tkdojo.com
**Jackson Crossings Plaza**:
21 South Hope Chapel Rd. - Jackson, NJ 08527
(732) 367-DOJO (3656)

masteralders@tkdojo.com - www.facebook.com/thekaratedojo.nj - www.twitter.com/tkdojo