

2015-2016 CALENDAR

MONDAY

**Martial Conditioning
Kids Any Belt 7-12 yrs**
4:00-4:30

**Double Arrow Kids
Yellow & Orange
Belt 7-12 yrs**
4:35-5:25

**Seisan Kids
Blue Belt
7-12 yrs**
5:30-6:20

**Seiuchin Kids
Green Belt 7-12 yrs**
6:25-7:15

**Beginner &
Intermediate Adults
White Belt and Up**
7:20-8:20

TUESDAY

**KinderKubs
White Belt 4-6 yrs**
4:00-4:30

**Beginner Kids
White Belt
7-12 yrs**
4:35-5:25

**Wansu/Naihanchi
Kids Green & Brown
Belt 7-12 yrs**
5:30-6:20

**Martial Conditioning
Adults Any Belt**
6:25-6:55

**Beginner &
Intermediate Adults
White Belt and Up**
7:00-8:00

**Intermediate Adults
Yellow Belt and Up**
8:05-9:05

WEDNESDAY

**KinderKubs
White Belt 4-6 yrs**
4:00-4:30

**Double Arrow Kids
Yellow & Orange
Belt 7-12 yrs**
4:35-5:25

**Seisan Kids
Blue Belt
7-12 yrs**
5:30-6:20

**Seiuchin Kids
Green Belt 7-12 yrs**
6:25-7:15

**Martial Conditioning
Adults Any Belt**
7:20-7:50

**Beginner &
Intermediate Adults
White Belt and Up**
7:55-8:55

THURSDAY

**KinderKubs
White Belt 4-6 yrs**
4:00-4:30

**Beginner Kids
White Belt
7-12 yrs**
4:35-5:25

**Wansu/Naihanchi
Kids Green & Brown
Belt 7-12 yrs**
5:30-6:20

**Martial Conditioning
Adults Any Belt**
6:25-6:55

**Beginner &
Intermediate Adults
White Belt and Up**
7:00-8:00

**Intermediate Adults
Yellow Belt and Up**
8:05-9:05

FRIDAY

**KinderKubs
White Belt 4-6 yrs**
4:00-4:30

**Martial Conditioning
Kids Any Belt
7-12 yrs**
4:35-5:05

**Seisan, Seiuchin,
Wansu, Naihanchi
Kids Blue, Green,
Brown Belt 7-12 yrs**
5:10-6:00

SATURDAY

**KinderKubs
White Belt 4-6 yrs**
10:00-10:30

**Beginner Kids
White Belt
7-12 yrs**
10:35-11:25

**Double Arrow Kids
Yellow & Orange
Belt 7-12 yrs**
11:30-12:20

**Seisan, Seiuchin,
Wansu, Naihanchi
Kids Blue, Green,
Brown Belt 7-12 yrs**
12:25-1:15



Make Your Mark.

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