

# Chu's Martial Arts

NEW SCHEDULE EFFECTIVE - FEBRUARY 11, 2017

2016-17 Regular Schedule

905 886 4633

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u> BOOK BIRTHDAY PARTIES HERE!!!!
A.S.P. TAEKWONDO 4:15 - 4:45 PM	A.S.P. TAEKWONDO 4:15 - 5:00 PM	A.S.P. TAEKWONDO 4:15 - 5:00 PM	A.S.P. TAEKWONDO 4:15 - 4:45 PM	A.S.P. TAEKWONDO 4:15 - 5:00PM SPORTS ACTIVITY	9:30-12:45PM JUDO	10:00-11:00AM MA FIT
5:00-5:30PM TINY TIGERS 3-5	5:00 - 6:00 PM CHILDREN SPARRING ALL BELTS	5:00-5:45PM CHILDREN TKD GREEN AND UP	5:00-5:30PM TINY TIGERS 3-6	5:00-6:15PM JUNIOR HIGH PERFORMANCE	9:00-10:30AM HIGH PERFORMANCE	11:00-1:00PM KUNG-FU
5:30-6:15PM CHILDREN TKD GREEN BELT AND UP	<u>6:00 - 7:00PM</u> <u>BEGINNER HIGH</u> <u>PERFORMANCE</u> <u>SPARRING</u>	5:45-6:30PM CHILDREN TKD WHITE - ORANGE	5:30-6:15PM CHILDREN TKD WHITE - ORANGE	6:45 -7:45PM MA FIT	11:00-11:30AM TINY TIGERS 3-5	1:00-2:30PM BOXING
6:30-7:15PM CHILDREN TKD WHITE - ORANGE	6:45 - 8:00 PM <u>SENIOR HIGH</u> <u>PERFORMANCE</u> <u>SPARRING</u>	6:00-7:00PM AGE 9 AND UP BRAZILLIAN JUJITSU	6:30-7:15PM CHILDREN TKD GREEN AND UP SPARRING	8:00-9:30PM BOXING	11:45 - 12:30PM CHILDREN TKD ALL BELTS	
6:15-7:15PM AGE 9 AND UP BRAZILLIAN JUJITSU	8:00 - 9:00 PM ADULT /YOUTH TKD ALL BELTS	6:45 - 7:45PM MA FIT	7:15-8:15PM ADULT/YOUTH TKD ALL BELTS	6:00-10:00PM JUDO	<u>12:45 -1:45PM</u> <u>ADULTS &amp; YOUTH TKD</u>	
7:15-8:15 PM ADULT/YOUTH TKD ALL BELTS	6:00-8:00PM MA FIT WEIGHT TRAINING	7:00-8:00PM TKD HIGH PERFORMANCE	6:00-9:00PM JUDO		<u>12:45 -2:00 PM</u> <u>BLACK BELT CLUB</u>	
7:15-10:00PM JUDO	6:00-9:00PM JUDO	8:00-9:30PM BOXING				