

Girls' Night Out

Dance 4Play Party

FRIDAY, SEPT. 18

Doors open at 7:30pm

Dancing begins at 8:00pm

DANCE 4PLAY™

Injecting sexy and fun into fitness!™

Dance4Play™ combines great music and dance fitness with sultry sensual moves that will have you burning calories without even knowing it.

Instructor Donna Webb developed Dance4Play so women of all ages, shapes, and abilities can have fun and learn how to dance while moving their body into amazing shape—and look hot doing it!

So get your groove on and inject sexy and fun into fitness!

Cost: \$25 per person

**OPEN TO THE PUBLIC.
SPREAD THE WORD
AND BRING A FRIEND!**

**BRING AN APPETIZER
AND DRINKS TO
SHARE FOR THE
PARTY AT THE STUDIO!**

**RSVP TO
(916) 258-5425**

or info@TrainAtTheStudio.com



THE STUDIO (916) 258-5425

8200 Sierra College Blvd., Ste. D, Roseville

www.TrainAtTheStudio.com